

**Employee Donning and Doffing Instructions for  
WellSpan  
RMD-N95-100R Non-Surgical Respirator**

Prior to donning, you must have been medically cleared to wear a mask by local Employee Health & Safety and have achieved a passing qualitative or quantitative fit test.

**Donning:**

1. Separate the upper and lower sections of the respirator.
2. Separate the two head straps.
3. Place index fingers under head straps.
4. With fingers under head straps, place opening of mask under chin and proceed to pull straps over and behind the head.
5. Ensure one strap is above the ears and around the crown/ of the head, while other strap is below ears and around base of the neck.
6. Adjust mask and straps to fit comfortably on center of face.
7. Mold nose piece using both index fingers, moving from bridge of nose to cheek bones, pressing firmly
8. Once comfortable, perform user "Fit Check".

**Fit Check:**

1. While gently holding the exterior of the mask with palms of hands (do not move the mask), breathe out forcefully, feeling for leakage around the mask perimeter. If leaks are detected make adjustments as needed.
2. While holding the exterior of the mask with palms of hands (do not move the mask), breathe in forcefully. The mask should collapse in slightly, with no air leaks detected around the mask perimeter. If no collapse occurs, or leaks are detected, adjust as needed.
3. Perform fit check until proper seal is achieved.
4. If seal cannot be achieved, do not use mask, do NOT enter contaminated area, contact your supervisor.

**WARNING- Never remove (DOFF) the respirator while in a contaminated area. Always doff the respirator in a nonhazardous environment.**

**Doffing:**

*After performing necessary decontamination and **without** touching the front of the mask:*

1. Remove the lower strap from the back of the neck by moving the lower strap over the head to the front of the mask.
2. Remove the top strap from behind the head to the front of the head. The mask should fall from the face. Ensure that the exterior of the mask does **not** come into contact with your hands, face, or other part of the body.
3. Discard the mask per local protocols.

**WARNING- If mask becomes damaged, wet, or soiled at any time, immediately exit the contaminated area. Perform decontamination, then doff the mask in accordance with the above. Discard mask and obtain a new one.**

**Before occupational use of this respirator, a written respiratory protection program must be implemented meeting all the requirements of OSHA 29 CFR 1910.134 such as training, fit testing, medical evaluation, and applicable OSHA substance specific standards.**



National Institute for Occupational Safety and Health

P/N: RMD-N95-100R

Approval: TC-84A-PHXX

Assigned to: WellSpan Health  
45 Monument Rd  
York, PA 17403  
(877) 232-5807

Filtering Facepiece Respirator for Public Health Emergency  
Protection: Non-Surgical N95-Particulate Filter (95% filter efficiency level)  
Effective against particulate aerosols free of oil; time use restrictions may apply

**Read and understand UI prior to use.  
User must adhere to all C&L in the UI.**

#### **CAUTIONS and LIMITATIONS**

- A Not for use in atmospheres containing less than 19.5 percent oxygen.
- B Not for use in atmospheres immediately dangerous to life or health.
- C Do not exceed maximum use concentrations established by regulatory standards.
- J Failure to properly use and maintain this product could result in injury or death.
- M All approved respirators shall be selected, fitted, used, and maintained in accordance with MSHA, OSHA, and other applicable regulations.
- N Never substitute, modify, add, or omit parts. Use only exact replacement parts in the configuration as specified by the manufacturer.
- O Refer to User Instructions, and/or maintenance manuals for information on use and maintenance of these respirators.
- P NIOSH does not evaluate respirators for use as surgical masks.
- PH The limited FFR approval will be effective until the declaration that circumstances exist justifying the authorization of the emergency use of personal respiratory protective devices during the COVID-19 outbreak is terminated under Section 564(b)(2) of the Act, or the EUA is revoked under Section 564(g) of the Act, or until such time that the approved configuration can no longer be maintained.

If you have any questions or concerns, please reach out to your local superuser or call Employee Health & Safety