Donning Procedures

1. Hold the respirator in one hand with the nosepiece at your fingertips, allowing the headbands to hang below your hand.
2. Press the respirator against your face with the nosepiece on the bridge of your nose.
3. Place the top band high on the back of your head. Move the bottom band over your head and position it below your ears.
4. Place your fingertips from both hands at the top of the metal nosepiece. Using two hands, mold the nose area to the shape of your nose by pushing inward while moving your fingertips down both sides of the nosepiece.

**Warning:** Pinching the nosepiece using one hand may result in improper fit and less effective respirator performance. Use two hands.

5. Test the fit. Fit-check the face-seal as follows:
   - Place both hands over the respirator without disturbing its position.
   - Exhale sharply, if you detect air-leaks, readjust the nosepiece and/or head straps appropriate tightening.

**WARNING:** If you cannot achieve satisfactory fit, do NOT enter the contaminated area. See your Supervisor.