



# >>> ONE-Fit® Healthcare N95 Molded Cup (HC-NB095)

## How to Don and Fit Check Your Sperian® Filtering Facepiece Respirator

### Description

The ONE-Fit HC-NB095 particle respirator and surgical mask is a class N95 disposable mask designed to provide filter efficiency of 95% or greater against particulate aerosols free of oil. The respirator provides greater than 99% Bacterial Filtration Efficiency (BFE) against microorganisms generated by a wearer, and meets CDC guidelines for M. tuberculosis exposure control. It is a one-size-fits-all mask that is also fluid resistant and suitable for surgical environments.

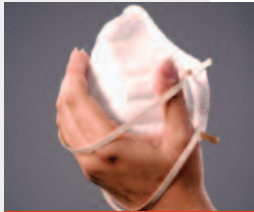
**NOTE:** Bacterial Filtration Efficiency (BFE) tested in accordance with MIL M36954C, ASTM F2101. Fluid resistance conforms to ASTM F1862, 160 mmHg.

### Intended Use

The ONE-Fit HC-NB095 is intended for use by health care personnel to protect the wearer and patient by reducing the transfer of microorganisms and other airborne particulate matter. The fluid resistant mask also protects against the spatter of blood and other infectious materials.

### How to Don the Respirator

Follow these instructions each time respirator is worn.



STEP 1

Cup the respirator in the hand, allowing the head straps to hang freely.



STEPS 2/3

Hold the respirator under the chin with the nosepiece facing outwards.  
Place the lower head strap around the neck below the ears.



STEP 4

Holding the respirator against the face with one hand, place the top head strap above the ears, around the crown of the head.



STEP 5



STEP 6

Place hands on each side of the respirator and move slightly right, left, up and down, to adjust the position of the respirator and achieve the most optimal fit on the face.

*Perform a fit check before using the respirator.*

### Fit Check Instructions

- Place both hands over the respirator – **DO NOT** disturb the position of the respirator;
- Exhale sharply (a positive pressure should be felt inside the respirator)
- If you detect air-leaks, readjust the head straps and/or the position.

**WARNING:** If you cannot achieve satisfactory fit, **DO NOT** enter the contaminated area. See your Supervisor.

### Use Instructions

1. Failure to follow all instructions and limitations concerning the use of the respirator and/or failure to wear the respirator for the whole duration of exposure to contaminants can seriously reduce the performance characteristics of the respirator and lead to illness, injury or death.
2. Before use, the wearer must first be trained by the employer in the correct use of the respirator in accordance with applicable safety and health standards.
3. OSHA standards including 29CFR1910.134(e)(5), (f) and CSA standard Z94.4-93 require that the wearer be fit-tested.
4. Leave the contaminated area if breathing becomes difficult or if the respirator becomes damaged.
5. Discard the respirator and replace with a new one if:
  - excessive clogging of the respirator causes breathing difficulty.
  - the respirator becomes damaged.
  - the respirator becomes contaminated with blood or bodily fluids
6. Discard the respirator after every use when used for surgical procedures.
7. **DO NOT** use the respirator with beards or other facial hair that interferes with direct contact between the face and the edge of the respirator, or any other conditions that may prevent a good face-seal.
8. This respirator is **NOT** to be used on children.

### Warning

This respirator helps protect against certain contaminants. It may not eliminate the risk of contracting disease or infection. Misuse may result in sickness or death.

The straps of this respirator are made from latex-free rubber. However, individuals who are highly sensitive to natural rubber latex may have an allergic reaction.

For more information or assistance on Sperian Respiratory products, contact your local Sperian distributor or Sperian Respiratory Protection | [www.sperianprotection.com](http://www.sperianprotection.com)

Sperian Respiratory Protection USA, LLC | 3001 South Susan Street, Santa Ana, CA 92704 | 1-800-821-7236 | [www.survivair.com](http://www.survivair.com)