



Step 1

Hold respirator in your hand as shown.



Step 2

Pull the bottom headband overhead and place around neck below ears.



Step 3

Place respirator under your chin. Pull the top head band to top back of head.



Step 4

Cup both hands over the mask, checking for tightness, Inhale sharply, negative pressure should be felt in the mask, re-adjust as necessary.

Caution:

The respirator should be fit checked for each wearing.