FITTING INSTRUCTIONS:

**Step 1**

Hold respirator in your hand as shown, with the left hand holding the left strap and the right hand holding the right strap.

![Step 1 Image]

**Step 2**

Place the respirator over the nose, mouth and chin. Pull the left and right strap so that the top of the strap goes above the ear and the bottom of the strap goes below the ear. Hold the non-removable hook, which you will find attached to the right strap, and hook onto the left strap on the back of the head for a proper fit. There are 3 hook slots to choose depending on your head size.

![Step 2 Image]

**Step 3**

Cup both hands over the mask, checking for tightness, exhale sharply, negative pressure should be felt in the mask, Re-adjust as necessary.

![Step 3 Image]