INSTRUCTIONS - IMPORTANT
Fitting instructions to be followed each time the respirator is worn:
1. Hold the respirator in your hand, allowing the headbands to hang freely below your hands.
2. Position the respirator comfortably under your chin and against the bridge of your nose.
3. Pull the top headband over your head, placing it at the crown of your head. Pull the bottom headband over your head and place it below your ears.
4. USING BOTH HANDS, mold the metal nosepiece to the shape of your nose and cheek area. Using one hand to pinch the nosepiece may cause a bad fit, resulting in lower effective respirator performance.
5. FIT CHECK: Place both hands completely over the respirator. Inhale sharply. Be careful not to disturb the position of the respirator. A negative pressure (mask wanting to collapse) should be felt. If not, or if air leaks around the edges of the respirator, reposition the respirator and headbands for a better fit. If unable to adequately seal filter with hands, obtain the optional respirator fit check cup to perform this test.
If you CANNOT achieve a proper fit, DO NOT enter the contaminated area. See your supervisor or call 1-888-MSA-HOW2 (1-888-672-4692) for proper fitting respiratory protection.