

JFY 44151 (N95)

## Donning Procedures

1. Hold the respirator in one hand with the nose area at your fingertips, allowing the headbands to hang below your hand.
2. Press the respirator against your face with the nose foam on the bridge of your nose.
3. Place the top band high on the back of your head. Move the bottom band over your head and position it below your ears.
4. Test the fit. Cup both hands over the respirator and inhale vigorously. If no negative pressure is felt inside the respirator, readjust the position of the respirator according to steps #2, #3, and #4 till get a better fit.

If you CANNOT achieve a proper fit, DO NOT enter the contaminated area.  
See your supervisor for proper fitting respiratory protection.

