FITTING INSTRUCTIONS
Follow these instructions each time respirator is worn.

1. Pull open the top and bottom edges of the respirator to fully open. Grip head strap on either side of the slit in middle of strap and pull apart to create two separate head straps.
2. Bend the nose wire into a slight curve so that the respirator forms a cup.
3. Position the bottom edge of the respirator under the chin and bring the two head straps over the head.
4. Position the lower head strap around the back of the neck. Position the top head strap across the crown of the head.
5. Mold the nose area to the shape of the face, running the fingertips of both hands from the top of the nose-piece down both sides while pressing inward. Always use both hands.

FIT-CHECK THE FACE-SEAL AS FAROWS:
1. Place both hands over the respirator - do not disturb the position of the respirator;
2. Exhale sharply (a positive pressure should be felt inside the respirator);
3. If you detect air-leaks around edges of the respirator, readjust the head straps and/or the nose-piece.

WARNING: If you cannot achieve satisfactory fit, do NOT enter the contaminated area. See your Supervisor.

USE INSTRUCTIONS:
1. Failure to follow all instructions and limitations concerning the use of the respirator and/or failure to wear the respirator for the whole duration of exposure to contaminants can seriously reduce the performance characteristics of the respirator and lead to illness, injury or death.
2. Before use, the wearer must first be trained by the employer in the correct use of the respirator in accordance with applicable safety and health standards.
3. OSHA standards including 29CFR1910.134(e) (5) and CSA standard Z94.4-93 require that the wearer be fit-tested.
4. Discard the respirator and replace with a new one if:
   • excessive clogging of the respirator causes breathing difficulty.
   • the respirator becomes damaged.
5. Leave the contaminated area if dizziness, irritation or other distress occurs.

USE LIMITATIONS:
1. Do NOT use the respirator or enter or stay in a contaminated area under the following circumstances:
   • atmosphere contains less than 19.5% oxygen
   • atmosphere contains oil aerosols
   • for protection against gases or vapors
   • contaminants or their concentrations exceed maximum use concentrations in applicable OSHA standards or applicable government regulations or 10 times the PEL (Permissible Exposure Limit), whichever is lower
   • for sandblasting, paint-spray operations, asbestos

2. Do NOT modify or misuse the respirator.
3. Do NOT use the respirator with beards or other facial hair that interferes with direct contact between the face and the edge of the respirator, or any other conditions that may prevent a good face-seal.
4. Some of these respirators offer relief from the irritating effects of gases/vapors at nuisance levels (i.e. levels less than the OSHA PEL). Respirators against nuisance odors / organic vapors are so designated by the mark “OV” on the respirator's packaging and/or on the respirator. Respirators against nuisance acid gases (e.g. Hydrogen fluoride, Chlorine) are so designated by the mark “AG” on the respirator’s packaging and/or on the respirator. Do not use if levels exceed the PEL.

WARNING:
This respirator helps protect against certain contaminants. It may not eliminate the risk of contracting disease or infection. Misuse may result in sickness or death.
Materials which may come into contact with the wearer’s skin could cause allergic reactions to susceptible individuals.

FOR MORE INFORMATION or assistance on Sperian® products, contact your local Sperian distributor or Sperian Respiratory Protection USA.