

# WORKPLACE/OCCUPATIONAL USER INSTRUCTIONS

20190016V-M V Fold N95 Mask+(With Valve) : Medium Size

When fit testing or reordering, be aware that this is a medium size mask and that other sized masks may fit better.

## User Instructions

(IMPORTANT: Keep these instructions for reference)

This respirator contains no compounds from natural rubber latex.

Available Sizes: Part Number	
Extra Large	20190016V-XL
Large	20190016V-L
Medium	20190016V-M
Small	20190016V-S

## WARNING

This respirator helps protect against certain particles.  
**Misuse may result in sickness or death.** For proper use, see supervisor instructions.

## Respirator Use:

For protection against particles such as those from metal, wood, minerals, coal, iron ore, cotton, pollen, flour, and certain other substances as well as liquid or non-oil based particles from sprays that do not also emit oil aerosols or vapors.

## Do Not Use For:

Gases and vapors, including those present in paint spraying operations, or any toxic substance such as asbestos or sandblasting or for oil aerosols. This respirator does not supply oxygen.

## Biological Particles

This respirator can help reduce inhalation exposures to certain airborne biological particles but cannot eliminate the risk of contracting infection, illness or disease. OSHA and other government agencies have not established safe exposure limits for these contaminants.

## Additional Use Limitations

1. Inspect the respirator for damage, check the integrity of breathing valve and valve leaf. If your respirator or breathing valve appears damaged, DO NOT USE IT. Replace it with a new one.
2. Failure to follow all instructions and use limitations for this respirator and/or failure to wear this respirator during all times of exposure may result in sickness or death.
3. Do not allow facial hair, hair, jewelry, glasses, clothing, or anything else to prevent proper placement or come between your face and the respirator.
4. Do not alter, abuse or misuse the respirator.
5. Leave the contaminated area immediately and contact supervisor if dizziness, irritation, or other distress occurs.
6. This respirator is designed for use by adults who are properly trained in their use and limitations. This respirator is not designed to be used by children.
7. Employers must comply with the OSHA Respiratory Protection Standard, 29 CFR 1910.134 and the requirement for fit testing the respirator if respirators are used by employees performing work-related duties. Before occupational use of this respirator a written respiratory protection program must be implemented to meet all the local government requirements. In the United States employers must comply with OSHA 29 CFR 1910.134 which includes medical evaluation, training, and fit testing.

## Time Use Limitations

If the respirator becomes damaged, soiled, or breathing becomes difficult, leave the contaminated area immediately and replace the respirator.

## WASH YOUR HANDS BEFORE PUTTING ON AND AFTER TAKING OFF THE MASK.

## Instructions for Use:

1. Facing the respirator on the side of a silicone seal, and make the nose clip in the top of the respirator, then hold the respirator with hands to make it fixed with the face and against the chin.
2. Pull the lower elastic band over the head and place it under the neck and under the ear.
3. Pull the upper elastic band over the head and place it above the ear.
4. Adjust the respirator position, slightly press the nose piece use your hand until the silicone seal around the respirator is comfortable with your face.
5. Adjust the elastic band and the buckle to the appropriate felt strength of elastic band.
6. Check the fit of the respirator to the face:
  - a) Cover the respirator with both hands to avoid affecting the position of the respirator on the face.
  - b) Make a quick inspiration. If air leaks from the edge of the respirator, please re-adjust the elastic band; if you can not get a good fit, repeat steps 1-5.

## Removal Instructions:

1. Cup respirator in hand to maintain position on face and pull bottom strap over your head.
2. Hold respirator in position and pull top strap over your head and remove respirator.



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THIS RESPIRATOR IS APPROVED ONLY IN THE FOLLOWING CONFIGURATION:

TC-	Protection <sup>1</sup>	Respirator	Cautions and Limitations <sup>2</sup>
		20190016V-M	
84A-9226	N95	X	ABCJMNO

## 1. PROTECTION

N95-Particulate Filter (95% filter efficiency level) effective against particulate aerosols free of oil; time use restrictions may apply.

## 2. CAUTIONS AND LIMITATIONS

- A - Not for use in atmospheres containing less than 19.5 % oxygen.
- B - Not for use in atmospheres immediately dangerous to life or health.
- C - Do not exceed maximum use concentrations established by regulatory standards.
- J - Failure to properly use and maintain this product could result injury or death.
- M - All approved respirators shall be selected, fitted, used, and maintained in accordance with MSHA, OSHA and other applicable regulations.
- N - Never substitute, modify, add, or omit parts. Use only exact replacement parts in the configuration as specified by the manufacturer.
- O - Refer to User's Instructions, and /or maintenance manuals for information on use and maintenance of these respirators.
- P - NIOSH does not evaluate respirators for use as surgical masks.