

## H210 N95 Particulate Respirator

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### User Instructions

**IMPORTANT:** Keep these user instructions for reference.

- a. Perform a seal check by covering the front of the respirator with both hands, being careful not to disturb the position of the respirator.
- b. Exhale sharply. A positive pressure inside the respirator means no leakage.
- c. If leakage occurs, adjust the position and/or tension of the straps and press down along the nose piece as described in previous steps.
- d. If you cannot achieve a proper seal, remove the respirator and **DO NOT** enter the contaminated area. See your supervisor.

-For a tighter fit, the bottom head strap can be pulled up around your head.

-To remove respirator; grab the bottom corners with both hands, pull away from your face and upwards so the straps slip off your head.

### WARNINGS:

1. Failure to follow all instructions and limitations on the use of this product could reduce the effectiveness of the respirator and result in sickness or death.
2. This respirator does not eliminate the risk of contracting any disease or infection. Pathogens could enter your body through your skin or eyes unless you are wearing other PPE in addition to this respirator.
3. Before occupational use of this respirator, a written respiratory protection program must be implemented, meeting all the local government requirements. In the United States, employers must comply with OSHA 29 CFR 1910.134; which includes medical evaluation, training, and fit testing.
4. This product does not supply oxygen. Use only in adequately ventilated areas containing sufficient oxygen to support life.
5. Do not use when concentrations of contaminants are immediately dangerous to health or life.
6. Evacuate area immediately if breathing becomes difficult, you experience dizziness or other respiratory distress occurs.
7. Mustaches, beards or other facial hair may reduce the effectiveness of this respirator. Make sure that nothing interferes with the seal when you are wearing the respirator.
8. Do NOT alter or modify this respirator in any way.
9. Do NOT wash the respirator or get it wet. If respirator gets wet, remove and discard.
10. If respirator becomes damaged, soiled or breathing becomes difficult; dispose of the respirator and use a new one.
11. Respirator may not be multi-use and must not be worn in pathogenic, biological or chemical hazard environments.

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### HOW TO WEAR:



1. Turn the respirator so that you are looking at the back side.
2. Pull up on the nose piece and down on the chin pieces to create an opening.
3. Place the respirator on your face so that the center of the nose piece wire is against the bridge of your nose and the chin piece is below your chin.
4. Pull both straps over your head. Move the lower strap around your neck; pull the top strap onto your head.
5. Using one hand, pinch the nose wire across the bridge of your nose and along the sides.
6. Using both hands, press each side of the nose wire strip to conform to your cheek bones on both sides.
7. With the respirator fitted to your face, place finger and thumb on the ends of the Clear View Bar and pinch towards the face to increase downward visibility.
8. Seal Check:



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These respirators are approved only in the following configurations:

		Respirator(s)	
TC-	Protection <sup>1</sup>	H210	Cautions and Limitations <sup>2</sup>
84A-9376	N95	X	ABCJMNOP

### 1. Protection

N95 – Particulate filter (95% filter efficiency level). Effective against particulate aerosols free of oil; time use restrictions may apply.

### 2. Cautions and Limitations

- A Not for use in atmospheres containing less than 19.5 percent oxygen.
- B Not for use in atmospheres immediately dangerous to life or health.
- C Do not exceed maximum use concentrations established by regulatory standards.
- J Failure to properly use and maintain this product could result in injury or death.
- M All approved respirators shall be selected, fitted, used, and maintained in accordance with MSHA, OSHA, and other applicable regulations.
- N Never substitute, modify, add, or omit parts. Use only exact replacement parts in the configuration as specified by the manufacturer.
- O Refer to User Instructions, or maintenance manuals for information on use and maintenance of these respirators.
- P NIOSH does not evaluate respirators for use as surgical masks.

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