Wearing your three-panel filtering facepiece respirator

**Application**

1. Remove the respirator from its packaging and hold with straps facing upward. Place the bottom strap under the center flaps next to the “WARNING” statement.

2. Fully open the top and bottom panels, bending the nosepiece around your thumb at center of the foam. Straps should separate when panels are opened. Make certain the bottom panel is unfolded and completely opened.

3. Place the respirator on your face so that the foam rests on your nose and the bottom panel is securely under your chin.

4. Pull the top strap over your head and position it high on the back of the head. Then, pull the bottom strap over your head and position it around your neck and below your ears.

5. Adjust for a comfortable fit by pulling the top panel toward the bridge of your nose and positioning the bottom panel under your chin.

6. Place fingertips from both hands at the top of your nose and mold the nosepiece around your nose to achieve a secure seal.

**Please Note:**

Check the seal of your three-panel facepiece respirator each time you don the respirator.

Place one or both hands completely over the middle panel. Inhale and exhale sharply. If air leaks around your nose, readjust the nosepiece. If air leaks between the face and faceseal of the respirator, reposition it by adjusting the panels and straps. If you cannot achieve a proper seal, do not enter the contaminated area. See your supervisor.

**Removal**

1. Without touching the respirator, slowly lift the bottom strap from around your neck up over your head.

2. Lift off the top strap. Do not touch the respirator.

3. Store or discard according to your facility’s infection control policy.

**WARNING**

This respirator helps protect against certain particulate contaminants but does not eliminate exposure to or the risk of contracting any disease or infection. Misuse may result in sickness or death. For proper use, see your supervisor or call 3M Helpline at 1-800-228-3957. In Canada, call 1-800-563-2921.

**Medical Division**

3M Health Care

3M Center, Building 275-4W-02
St. Paul, MN 55144-1000
U.S.A.
1-800-228-3957
www.3m.com/healthcare

Medical Division

3M Canada

Post Office Box 5757
London, Ontario N6A 4T1
Canada
1-800-364-3577

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